



Plugged in to Altamaha EMC

JUNE 2017

The Official Newsletter of Altamaha Electric Membership Corporation
Serving: Toombs, Montgomery, Emanuel, Treutlen, Laurens, Johnson and Tattnall

2017 Washington Youth Tour Delegates



Kenlee Foskey



Jansen Killian



Tyler Summerall



Susan Sullivan

More than 1,500 students from across the country will take part in the 2017 Washington Youth Tour this summer. The once-in-a-lifetime leadership experience, set for June 8th-15th, is sponsored by electric cooperatives in Georgia and is designed to inspire the next generation of leaders. During the weeklong adventure, delegates will see the sights of Washington, D.C. while surrounded by other ambitious high school students from across the state.

Kenlee Foskey of Vidalia High School, **Jansen Killian** of Montgomery County High School and **Tyler Summerall** of Treutlen High School were chosen to represent Altamaha EMC on the 2017 tour. We appreciate the support of our local high school counselors who allow us to promote the youth tour to the students each year.

The Washington Youth Tour delegates will

explore government on a local and national level. The tour begins with a kickoff banquet in Atlanta on June 8th with the delegates flying to Washington, D.C. the next day. Once in the nation's capital, the delegates will visit historic landmarks including Arlington National Cemetery, the Smithsonian Institution museums, Holocaust Memorial Museum, Mount Vernon, Supreme Court, U.S. Capitol, National Archives and the MLK, FDR, Jefferson, World War II and Lincoln memorials. In addition, participants will have the opportunity to meet with elected officials and discuss current political issues.

Susan Sullivan, a science teacher at Robert Toombs Christian Academy, was chosen as one of two Georgia teachers to serve as a chaperone for this year's tour.

Altamaha EMC is pleased to provide deserving local students this unique experience.

Make Room for Roadside Crews

When the power goes out, so do Altamaha EMC line crews. Our workers are the first to respond after an outage occurs, and they work tirelessly to restore power to the communities we serve.

If you're traveling and see one of our crews on the side of the road, we kindly ask that you move over if possible and give them a little extra space to work. We deeply care about the safety of all, and this extra precaution ensures just that.

If you approach a crew while traveling on a two-lane road, moving over to the next lane might not be an option. In this case, we simply ask that you slow down when approaching roadside crews. If you approach a crew while traveling on a four-lane road, and safety and traffic conditions allow, we ask that you move over into the far lane.

Georgia law requires any motorist approaching utility linemen at an active work site, as indicated by traffic cones or flashing yellow, amber, white or red lights, to change lanes or reduce their speed to a reasonable and proper speed below the posted speed

limit. Any motorist who does not change lanes or drop their speed to avoid the utility workers can be fined up to \$250 per incident.

Utility crews aren't the only ones who could use the extra space. Emergency responders, such as police officers, firefighters and emergency medical technicians, often find themselves responding to emergency situations near busy roadways. We ask that you follow the same procedures mentioned above to help keep these crews safe.

There's plenty of room for all. Let's work together to keep everyone safe on our local roadways.



Operation Round Up - Penny Power

Ben Franklin once said, "A penny saved is a penny earned." A frugal and financially savvy man, he was never one to scoff at the value of even one cent. At Altamaha EMC, we believe in the power of pennies too. That's why we're launching a community service program called Operation Round Up.

Beginning in August, Altamaha EMC members will have their utility bills "rounded up" to the next highest dollar. For example, a \$148.45 bill becomes \$149.00. Multiplied by thousands of participants' contributions, that's a lot of pennies! The Operation Round Up fund will be administered the Altamaha EMC Foundation, Inc. Not-for-profit organizations in our communities can apply for grants to support their worthwhile social and civic endeavors.

For more information on Operation Round Up, call our office at 912-526-8181 or visit our website at www.altamahaemc.com.





Trucks For Sale

Altamaha EMC is accepting sealed bids for the following vehicles:

2009 Chevrolet Silverado with 165,922 miles. Minimum bid of \$4,000.00

2008 Dodge Ram with 98,224 miles. Minimum bid of \$5,500.00

Bids will be accepted until 5:00 PM Friday, July 14th, 2017.

Only Altamaha EMC members are allowed to submit a bid.

The trucks are available for your inspection at our office on Hwy 280 in Lyons.

Viewing hours are Tuesday – Friday, 8:00 am – 5:30 pm.

The trucks will be sold on an as-is basis.

All bids must include name, address and telephone number.

Bids can be dropped off at our Lyons office or mailed to:

PO Box 346, Lyons, GA 30436 (Attn: Joe Waters).

For more information, contact Joe Waters at [912-526-2168](tel:912-526-2168) or joe.waters@altamahaemc.com.

HOLIDAY CLOSING NOTICE

The offices of Altamaha EMC will be closed Tuesday,
July 4th in observance of Independence Day.

We will reopen at 8:00 AM on Wednesday, July 5th.

Efficiency tips for outdoor shops and barns

There are many benefits to having an energy efficient outdoor shop or barn. Aside from saving energy, an efficient outdoor building can keep the environment around your structure healthy and safe; save money on your water bill; keep your animals happier and healthier; and save you from costly structural repairs.

Whether you are looking to build a new structure, or make changes to an existing structure, there are many ways you can make your outdoor shop or barn more energy efficient.

Are you planning to build a new structure on your property? Follow these tips to achieve energy efficiency:

- Location matters. If possible, carefully consider where you build your shop or barn. Consider drainage, sun exposure and how the building may affect your neighbors.
- Start with a sustainable design plan. A sustainable design plan, according to the U.S. General Services Administration, includes the ability to use environmentally preferable products; protect and conserve water; enhance indoor



environmental quality; and optimize operational and maintenance practices.

- If you are hiring a contractor to help build your structure, make sure you look for companies who specialize in “green” buildings and energy efficient practices.
- Choose efficient building methods. Pole barns offer reliable shelter without costly excavation, concrete foundations or general site disruption.

Follow these tips to make energy efficient upgrades to an existing structure:

- Replace indoor lighting with energy efficient LED bulbs.
- Ensure your existing structure has adequate insulation levels.
- Choose outdoor lighting designed to be energy efficient, and install motion detectors to reduce energy consumption when not in use.
- Plant trees around your metal shed or barn. In colder climates, trees act as a windbreak, and in warmer climates, trees have a natural cooling effect that can reduce temperatures in your metal building 3 to 6 degrees Fahrenheit.
- Consider adding a ceiling fan to circulate air. Typically, there is a 2 degree Fahrenheit temperature increase for every one-foot increase in ceiling height. A ceiling fan can help keep warm air close to the ground in the winter, and circulate fresher, cooler air in the summer. Not only will this help with energy costs, it will also help keep the air in the building from becoming hot and stagnant, which will keep harmful bacteria from building and will keep insects at bay.

Energy Efficiency Tip of the Month



Keep warm summer air outside where it belongs! Add caulk and weatherstripping to seal air leaks around leaky doors and windows.

Source: U.S. Dept. of Energy



Member RECIPES



Vidalia Onion and Rice Casserole

Courtesy of the Vidalia Onion Committee

2 tablespoons butter, plus more for dish
1 medium Vidalia onion, minced
Pinch cayenne pepper
1 package frozen spinach, thawed, drained, chopped
1 cup milk
2 eggs
2 cups shredded extra sharp Cheddar cheese, plus
extra for top
4 cups cooked rice
1 teaspoon freshly chopped parsley leaves
1 teaspoon freshly chopped thyme leaves
1 teaspoon chopped basil leaves
Salt and freshly ground black pepper, to taste

Directions

Preheat oven to 350 degrees. Butter a large casserole dish. In a large pan over medium-high heat, sauté onions with 2 tablespoons butter and cayenne until translucent. Add spinach and cook for 3 minutes. Set aside. In a large bowl, whisk together milk and eggs. Add cheese, rice, parsley, thyme, basil and spinach mixture. Combine well. Season with salt and pepper to taste. Pour into prepared casserole dish and top with extra shredded cheese. Bake for 30 minutes. Serve piping hot.

Each month, our newsletter features recipes submitted by our members. If you have a favorite recipe and would like to share it with other readers in the Altamaha EMC service area, send a copy, complete with name, address and daytime phone number to: Tammye Vaughn, Altamaha EMC, P.O. Box 346, Lyons, GA 30436. Each month, a recipe will be selected for publication. The member who submitted the featured recipe will be given a \$10 credit on their next Altamaha EMC bill. Due to limited space, not all recipes received will be featured. Recipes printed in *Plugged In* are not independently tested; therefore, we must depend on the accuracy of those members who send recipes to us.