Altamaha EMC

Serving: Toombs, Montgomery, Emanuel, Treutlen, Laurens, Johnson and Tattnall

Altamaha EMC Foundation Scholarships Awarded

Pour local high school seniors were recently awarded scholarships through the Altamaha EMC Foundation. These scholarships are funded through Altamaha EMC's Operation Round Up program. Each year, the Foundation awards two scholarships worth \$1,000 each to students planning to attend a 2-year or 4-year college in Georgia and two scholarships also worth \$1,000 each to students planning to further their education at one of Georgia's technical colleges.

The 2020 scholarship winners are: Kaitlyn Corner of Robert Toombs Christian Academy, Riley Corner of Robert Toombs Christian Academy, Andy Martin of Swainsboro High School, and Skylar Stephens of Swainsboro High School.

Kaitlyn and Riley are the twin daughters of Chad and Jennifer Corner of Tarrytown. They will both be attending Southeastern Technical College in the fall where they plan to obtain Associate of Science Nursing Degrees. They aspire to become Certified Registered Nurse Anesthetists.

Andy is the son of Ela and Luis Machado of Swainsboro. Andy has been accepted to the University of Georgia for Fall 2020. He plans to major in Business Management and aspires to operate his own business in the future.

Skylar is the daughter of Scott and Ellen Stephens of Swainsboro. She will attend the University of Georgia in the fall and plans to earn a degree in accounting with a minor in marketing. After graduating from UGA, Skylar wants to attend law school and become an attorney.

Altamaha EMC wishes the best to these students. Pictured
clockwise are: Kaitlyn
Corner, Riley Corner,
Andy Martin and Skylar
Stephens.

> The Official Newsletter of Altamaha Electric Membership Corporation

Keep your home comfortable in summer heat

hen temperatures rise in the summer, so can electricity use, and that can put a strain on electrical systems and home energy budgets. With air conditioners consuming more energy, electrical systems must work hard to power the increased demand.

"Cooling your home efficiently this summer does not have to be difficult. There are many easy steps you can take to lower your electrical demand in the summer, which also saves you money on your energy bill." savs Erin Hollinshead, executive director of the Illinois-based Energy Education Council and its Safe Electricity program.

During times of excessive heat, high demand is coming from many homes and businesses, which can increase the possibility of electrical grid overloads and failures. This increased demand for electricity can increase the likelihood of an electric shock or fire.

Safe Electricity suggests some simple ways to improve comfort, save energy and ease stress on a home's electrical system:

- Close curtains and blinds to keep the sun out on hot • davs.
- Make sure ceiling fans are moving in a counterclockwise direction, which forces air down and creates a cooling effect.
- Operate the thermostat as efficiently as possible. The smaller the difference between your thermostat and the outdoor air temperature, the greater the energy and utility bill savings. Just a few degrees can make a big difference, so set the thermostat as high as you can while staying comfortable.
- Make sure vents are not blocked. It is also a good idea to vacuum air registers to remove dust and debris that could block cold air from circulating throughout the house.
- A routine annual inspection and regular maintenance of the HVAC system can help it run more efficiently.

Turn off power to the air conditioner before any work is done on it. Clean or replace filters. Outside, clear leaves and other debris away from the condensing unit. Hose off any accumulated dirt.

- Avoid opening the door unnecessarily in the heat of the dav.
- If it gets cool enough at night, open windows to let cooler air in. Then close them in the morning to trap it inside.
- Seal cracks around the house with weather stripping and caulk to keep cold air in and hot air out.

Some additional options for investing in a home's energy efficiency include:

- Ventilation is one of the most efficient ways to keep a building cool. Use attic vents and fans to help reduce energy costs.
- Consider installing awnings over windows in direct sunlight to shade your home.
- If shopping for a new air-conditioning unit, look for an ENERGY STAR-rated model. Appliances with an ENERGY STAR rating meet or exceed energyefficiency standards and can save you money over the lifetime of the appliance.



Make sure a home has the insulation it needs. EnergySavers.

gov has information about the best insulation to use in different geographic areas.

For more information on energy safety and efficiency, visit SafeElectricity.org.

Safe Electricity, based in Springfield, Ill., is the safety outreach program of the Energy Education Council, a nonprofit organization that educates the public about electrical safety and energy efficiency.

Head off heat-related illnesses

Safety is important, so do not ignore rising temperatures. According to the Centers for Disease Control and Prevention in Atlanta, approximately 675 Americans every year die from heat-related causes. Prevent heat-related illnesses by seeking out cool environments, drinking a lot of water and wearing lightweight clothes.

> Know the signs of heat exhaustion and heatstroke. A person who is experiencing heavy sweating and weakness should immediately seek a cool environment, drink water and apply a cold compress. If these symptoms progress to high temperature, vomiting and unconsciousness, seek emergency medical attention.

UNCASHED REFUND CHECKS

Below is a list of former Altamaha EMC members who have uncashed refund checks. If your name appears on the list below, contact us at 912-526-2120 before July 1, 2020. If these checks aren't claimed by July 1, 2020, we will deliver the funds to the Georgia Department of Revenue, Unclaimed Property Program as required by law. After this date, any attempts to reclaim your money will need to be directed to the Georgia Department of Revenue.

Aguilar, Candice M Allen, Brittany Arroyo, Robert Ascencio, Aide Bautista, Felix Baza, Sonya M Berry, Gregory Lynn Bolton, Steven L Bostic, Elaine Bridges, Kim M Brown, Elaine Brown, Shannon M Bynes, Hubert Capallia, Linda J Chubb, Anthony Allen Jr Clark, Jeanette Clemons, Joseph Lee Coleman, Melanie S Coley, Eddie Crabb, Ashley Nichole Dees, Donald Deese, John A

Dickerson, William A Dismuke, William Donald, Christopher Brent Dowd. Samantha L Everidge, Jennifer Felix, Santos Frecker, Deloris Gaffney, Sandra Gilbert, William Shawn Gudeman, Jessika R Halcombe, John Hall, Charles Lee Hall, Clarence Hedrick, Austin Hidalgo, Jerson Lopez Hopkins, Holly M Johnson, James Floyd Johnson, Johnnie Mae Knight, Heather Renee Lawrence, Janice Elaine Logue, Jacob Dylan Lopez, Prisciliana Loyd, Eazell B Lynn, Cynthia A Meeks, Luther B Mendiola, Savannaha Mick, Terry Molina, Santiago Mosley, Mary Ann Musselman, Donald R Jr Nolasco, Miguel A Phillips, Bonita Phillips, James O Poole, Betty L Puryear, Ann E

Ramirez, Humberto Reed, Walter J Reyes, Juan Ricks, Betty Rogers, Ottis Lee Royal, James Grady Schriber, Gwendlie Lee Scott, Louvenia Scriven, Khadijah Smith, James D Solengerg, James R Stuckey, Ronnie Taylor, Robert Charles Jr Thigpen, Skylar Kay Thompson, Harry Gene Turner, James Michael Jr Underwood, Timothy Lane Vanosdell, Ronald Earnest Ward, Alfred Way, Gibson Giles White, Kenneth Dale Wilkes, Arthur Williams, Carnisha Wommack, Joshua Thomas Woods, Clarence Woodward, Pickens

••••

Conserve Electricity While Stuck at Home

ith schools closing earlier than normal this year and children studying at home this spring and summer, you may have seen an increase in your energy bills. Like any period of higher-than-usual indoor activity—like around the holidays, and certainly during a period of sheltering at home—it's normal for electricity use to spike.

Many adults are still working from home and some students are making up lost time with stayat-home summer school and college courses.



Your family might continue to increase its use of computers, lights, TVs, game consoles and other electrical devices that can run up electricity use. Follow these common-sense conservation practices to keep energy use in check:

• As the weather warms up, delay turning on the air conditioning as long as your home is comfortable with open windows and running ceiling fans.

• When you do switch on the A/C, keep it at the highest comfortable temperature. For every degree higher you set the thermostat, you can cut your energy use by up to 4 percent.

• Insist that everyone turn off overhead lights when leaving a room; power down the TV when nobody's watching; disconnect the computer and printer at the end of the day; and switch off exhaust fans once the steam clears from the bathroom after a shower.

• Unplug cellphone chargers once the phones are fully charged. Whenever you leave a charger or another unused device plugged into the wall, it continues to draw electricity, even if a phone isn't attached to it.

• Hold off on running the clothes dryer and dishwasher until after dark. With so many people home during the day, we're all using more electricity at the same time. It places less of a burden on the overall electrical system when we spread out our energy use.

• Clean the A/C filter every month. The unit is running more than usual, so filters can clog sooner. A clean filter lets air flow easily, placing less of a burden on the air conditioning system as it keeps everyone comfortable indoors.

HOLIDAY CLOSING NOTICE All offices of Altamaha EMC will be closed Friday, July 3rd in observance of Independence Day.

The Lyons, Soperton and Swainsboro offices will reopen at 8:00 AM on Monday, July 6th. The East Dublin office will reopen at 9:00 AM on Monday, July 6th. The drive-in window at the Lyons office only will remain open on Independence Day. You can always make payments on your accounts by using our kiosk machines at any of our offices. Payments made using the kiosk post immediately to your account.

In the event of a power outage or other emergency, please call 912-526-8181.







Member RECI ES

Blackberry Jelly

2 1/2 qts. fully ripe blackberries (used to make 3 ³/₄ cups juice)

- 1 box Sure Jell or Liquid Pectin
- 1/2 tsp. butter
- 4 1/2 cups sugar, measured into a separate bowl

Directions:

Crush berries thoroughly. In a large pot, add water to cover your berries (about 2 cups). Place three layers of damp cheese cloth in a large bowl. Pour blackberries and juice into cheesecloth. Measure exactly 3 3/4 cups juice into 6 qt. or 8 qt saucepot. Stir pectin into juice. Add butter to reduce foaming. Bring mixture to a full rolling boil (a boil that doesn't stop bubbling when stirred) on high heat, stirring constantly. Gradually add in sugar. Return to a full rolling boil and boil one minute, stirring constantly. Remove from heat. Skim off any foam with a metal spoon. Ladle immediately into prepared jars, filling to within 1/4 inch of top of jar. Wipe jar rims and threads. Screw bands tightly. Place jars on elevated rack in canner. Lower rack into canner. Water must cover jars by 1 to 2 inches. Cover and bring water to a gentle boil for 5 minutes. Remove jars and place upright on towel to cool completely. (If lids spring back, lids are not sealed, and refrigeration is necessary.)

-From the kitchen of Brandi Morris

Each month, our newsletter features recipes submitted by our members. If you have a favorite recipe and would like to share it with other readers in the Altamaha EMC service area, send a copy, complete with name, address and daytime phone number to: Tammye Vaughn, Altamaha EMC, P.O. Box 346, Lyons, GA 30436. Each month, a recipe will be selected for publication. The member who submitted the featured recipe will be given a \$10 credit on their next Altamaha EMC bill. Due to limited space, not all recipes received will be featured. Recipes printed in *Plugged In* are not independently tested; therefore, we must depend on the accuracy of those members who send recipes to us.