



# Plugged in to Altamaha EMC | Fiber



*Serving: Toombs, Montgomery, Emanuel, Treutlen, Laurens, Johnson and Tattnal*

## Preparedness is the Best Defense

As summer turns to fall, many of us are still enjoying warm weather, long weekends, and time spent with friends and family. But this season also brings a higher risk of hurricanes and tropical storms here in South Georgia.

At Altamaha EMC, we take storm preparation seriously, and we encourage you to do the same. Our crews are always ready to respond when storms cause outages, and we work around the clock to restore power as safely and quickly as possible. But the best defense for your household begins with a solid plan well before a storm hits.

The Federal Emergency Management Agency (FEMA) recommends the following items to help prepare your home and family for hurricanes and other severe weather events. You can find more information at [www.ready.gov](http://www.ready.gov).

### ***Start with a basic emergency kit that includes:***

- A three-day supply of nonperishable food and bottled water (one gallon per person per day)
- Manual can opener, flashlights, extra batteries, and a portable weather radio or battery powered TV
- Toiletry and sanitation supplies including hand sanitizer and wipes
- A fully stocked First Aid kit including prescription medications
- Copies of important documents stored in a waterproof container
- Extra cash since ATMs and card readers may be down during outages

### ***Additional tips to keep in mind:***

- Charge your phones, portable chargers, and medical devices in advance.
- Turn off major appliances and electronics during an outage to avoid overloads when power is restored. Leave one light on so you will know when power returns.
- If you use a portable generator, never operate it indoors or near windows. Follow all safety instructions and make sure it is rated for the appliances you plan to power.
- After a storm, stay away from downed power lines and report them immediately. Always assume they are live and dangerous. If there is flooding, do not walk through areas where lines may be submerged.

We also recommend signing up for NOAA emergency alerts and following Altamaha EMC on Facebook for the latest updates on restoration progress. In the event of an outage, please call our outage reporting line at 912-526-8181. This is the fastest and most reliable way to report service interruptions. Facebook messages and comments are not monitored for outage reporting.

No one can predict what this hurricane season will bring, but we can all take steps now to be better prepared. At Altamaha EMC, we are committed to keeping the lights on and our communities safe. Make your plan today, because when it comes to hurricanes, preparation is everything.



# Operation Round Up Spotlight

## Investing In Programs That Are Changing Lives

Thanks to the generosity of Altamaha EMC members who round up their monthly bills, Operation Round Up continues to invest in programs that are changing lives right here in our communities. Two recent recipients, Tattnall County Extension and Gardens of Hope are doing just that by preparing young people for real world careers and supporting individuals on their recovery journey.

### Tattnall County Extension: GROUNDED Program Preparing Youth for Real World Careers

With the help of a \$2,500 Operation Round Up grant, Tattnall County Extension is launching the GROUNDED program through its ANR and 4H departments. This new initiative is designed to equip high school students with hands on training for careers as groundsman in the electrical industry. Alongside technical training, students will build valuable life skills such as leadership, communication, responsibility, and teamwork. By blending career readiness with personal growth, the GROUNDED program is giving students the tools they need to enter the workforce with confidence and purpose.



### Gardens of Hope: Greenhouse Project Planting Seeds of Recovery and Connection

Also receiving a \$2,500 grant, Gardens of Hope is building a greenhouse on their campus at the historic Lyons Garden Club. The funds will go toward construction materials and plant propagation supplies. The plants will be used for fundraising efforts at local events, supporting the center's mission of offering peer support and fostering meaningful recovery connections throughout Toombs County. The greenhouse will provide a therapeutic space for individuals in recovery to build skills, grow confidence, and find healing through hands on engagement.

Operation Round Up continues to make a lasting impact by supporting programs that serve, inspire, and uplift. Whether preparing youth for the workforce or helping individuals find hope and healing, your small change is creating big change across our community.

# Annual Meeting Set for Wednesday, Nov. 5

**Mark your calendars!** Altamaha EMC's Annual Meeting is coming up on Wednesday, November 5, 2025, and we look forward to seeing you there. This year's meeting will once again be held indoors at Southeastern Technical College, providing a comfortable and accessible space for members to gather, hear updates, and participate in the important business of the cooperative.

The Annual Meeting is a valuable opportunity to learn more about the progress of your co-op, hear from leadership, and take part in the election of your board of directors. Members can also enjoy light refreshments, door prizes, and time to connect with fellow members of the community.

As a member owned cooperative, your voice and participation matter. We encourage you to attend, get involved, and help shape the future of Altamaha EMC. More details including registration times, prize information, and voting instructions will be shared soon. We hope to see you on November 5 at Southeastern Technical College!



## ENERGY EFFICIENCY TIP OF THE MONTH

Take advantage of “shoulder months,” which refer to the transitional periods between peak heating and cooling seasons. During the fall, these milder weeks typically occur between September and November. Shoulder months offer a great opportunity to reduce home energy consumption as the need for extensive heating or cooling is reduced. Look for simple ways to boost indoor comfort without running your heating and cooling system. Use ceiling fans and open windows on breezy days to ventilate your home. On cooler days, add a layer of clothing and avoid running the heat.



October 3 & 4

# The Real Squeal

2025  
BBQ & Music Festival



## TIPS TO AVOID ENERGY SCAMS



Solar energy is rising in popularity, and so are solar scams. If a salesperson knocks on your door promising free solar panels at zero cost or that you'll never have to pay your energy bill again, it's likely a scam. If you're interested in solar panels for your home, do your research, get multiple quotes from licensed providers who are reputable, and most importantly, take your time to ensure a smooth process.

Source: Federal Trade Commission



## Have it All for Less with Altamaha Fiber

Replace This	With This
 <b>Slow Internet</b>	 <b>ALTAMAHA FIBER</b> <small>YOUR INTERNET PROVIDER</small> Unlimited Fiber Fast Internet for streaming, gaming, browsing, and email.
 <b>Expensive Satellite TV</b>	
 <b>Telephone Service</b>	 <b>VoIP crystal clear telephone service</b>
 <b>Security Service</b>	 <b>Plume</b> Motion alerts through the Home Pass app
<b>\$315 per month</b>	<b>\$137-\$190 per month</b>

Why pay over \$300 a month for slow internet, satellite TV, landlines, and basic security when you could have it all for less with Altamaha Fiber? With fiber fast internet, crystal clear VoIP phone service, and smart security features like motion alerts through the Plume app, you get better service and real savings with no contracts and no data caps. Streaming ready speeds TV options like YouTube TV, Hulu, Sling, and DIRECTV Stream. Local support you can count on. Monthly savings of \$125 to \$180. Switch today and simplify your life without sacrificing performance.



Photo Credit: Georgia Grown

# Member RECIPES

## Georgia Beef Kofta (Middle Eastern Meatballs)

### INGREDIENTS

1 pound ground beef  
1/2 yellow onion, grated  
2 cloves garlic, grated  
2 teaspoons lemon juice  
2 tablespoons breadcrumbs  
2 tablespoons olive oil  
1 tablespoon Ras el Hanout or Berbere spice blend  
1/2 cup soft herbs (parsley, cilantro, mint and dill), finely chopped  
Freshly ground black pepper  
2-1/2 teaspoons kosher salt  
Yogurt Tahini Sauce  
1/2 cup plain yogurt  
2 tablespoons tahini  
1 tablespoon fresh lemon juice  
1 clove garlic, minced  
2 tablespoons soft herbs (parsley, cilantro, mint and dill), finely chopped  
Salt and pepper, to taste  
Grilled pitas or toasted sandwich buns, for serving  
Lettuce, sliced tomato, diced cucumber and thinly sliced red onion, for garnish



### DIRECTIONS

**Beef Kofta:** Place ground beef in a large bowl with all other ingredients except salt. Mix all ingredients with clean hands or in a food processor until well-combined and the consistency of a paste. Add salt and mix well. Line a rimmed baking sheet with parchment paper. Roll meat mixture between your palms into 12 evenly sized meatballs and flatten them slightly. Place on the baking sheet and refrigerate for 1-1/2 hours or until ready to cook. Oil and preheat grill pan or gas grill or prepare charcoal grill. Grill meatballs over medium heat, turning once, until they reach an internal temperature of 165 degrees. Remove to a plate and tent with foil to keep warm until ready to serve. **Yogurt Tahini Sauce:** Combine yogurt, tahini, lemon juice, garlic, herbs and salt and pepper to taste in a small bowl. Refrigerate until ready to use. **Assemble:** Serve kofta with yogurt tahini sauce on grilled pita or toasted sandwich buns. Top with lettuce, tomato, cucumber and red onion. Serves 4-6.

*-Courtesy of Georgia Grown*